

# LANSDOWN HOCKEY CLUB

[www.lansdownhockey.co.uk](http://www.lansdownhockey.co.uk)



## CODE OF CONDUCT FOR COACHES

The following document sets out the overriding principles that coaches who deliver on behalf of Lansdown Hockey Club (LHC) are expected to adhere to, so as to ensure that taking part in hockey is a positive and worthwhile experience for all.

### **Coaches Should:**

Be professional in their approach to coaching

- Always arrive early and allow sufficient set up to ensure each session is safe and productive
- Be fully prepared for each session, with planned activity for specific outcome

Demonstrate equity in their coaching

- Be fair, honest and considerate to all involved in LHC
- Recognise the difference in ability and provide activity to suit both individual and group needs

Be a positive role model for the players and their coaching colleagues

- Be well presented, clean and tidy for all coaching sessions
- Should not undertake undesirable behaviour in the company of the players
- Should maintain a positive professional and supportive attitude regardless of circumstance

Not engage in any type of abuse or bullying behaviour

- Physical
- Emotional
- Sexual
- Neglect
- Any combination of abuse

Not develop intimate relationships with players

### **A Coaches duty is to:**

Take action if they have a concern about the behaviour of an adult towards a child or vulnerable person

To the best of their ability recognise their duty of care and protect those in their care

Safeguard themselves and LHC against false accusation by ensuring good practice according to the child protection policy

Assist in creating an environment in which

- Players can participate to their desired level
- Everyone is free of fear and harassment

Recognise the rights of players...

- To be treated as individuals
- To confer with other coaches and experts

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Promote the concept of a balanced lifestyle, supporting the well being of the player:

- In sport
- In life

Create a safe, fun and productive environment by:

- Minimising any risk
- Maximising the benefits
- Ensuring players have the optimum opportunity to reach their potential

## Insurance

Coaches are covered under LHC's insurance to coach while on LHC business. It is strongly recommended that coaches coaching outside of LHC arrange adequate insurance to cover their coaching practice.

Signed (Club Chairperson) :..... Date .....

Print Name: .....

Signed (Club Secretary):..... Date .....

Print Name: .....